

# FALLBROOK SENIOR CENTER DECEMBER 2024 MENU

Serving Lunch at the Fallbrook Community Center - 341 Heald Lane  
 Monday- Friday Doors open at 10:30 we ask that you arrive by 11:00 760-728-4498

## MONDAY

## TUESDAY

## WEDNSDAY

## THURSDAY

## FRIDAY

<p><b>2</b>                      Chicken Cordon Bleu                      Vegetable                      Baked Potato                      Salad/Roll                      Fruit</p>	<p><b>3</b>                      Beef Stew                      Vegetable                      Corn Bread                      Salad                      Fruit</p>	<p><b>4</b>                      Veronica's Homemade                      Been and Cheese Burrito                      Beans                      Rice                      Salad/Roll                      Fruit</p>	<p><b>5</b>                      Baked Chicken                      Vegetable                      Baked Potato                      Salad/Roll                      Fruit</p>	<p><b>6</b>                      Baked Cod                      Vegetable                      Rice                      Salad/Roll                      Fruit</p>	
<p><b>9</b>                      Teriyaki Beef                      Vegetable                      Farro                      Salad/Roll                      Fruit</p>	<p><b>10</b>                      Fresh Scrambled Eggs                      Biscuits and Gravy                      Sausage                      Fruit                      Muffin</p>	<p><b>11</b>                      Cheese Ravioli                      Garlic Parmesan White Beans                      Sweet Potato                      Salad/Roll                      Fruit</p>	<p><b>12</b> <b>Christmas Lunch</b>                      Roast Beef with gravy                      Baked Potato                      Vegetable                      Salad/Roll                      Dessert</p>	<p><b>13</b>                      Split Pea Soup                      Tuna Sandwich                      Vegetable                      Salad/Roll                      Fruit</p>	
<p><b>16</b>                      Chicken Alfredo                      Vegetable                      Pasta                      Salad/Roll                      Fruit</p>	<p><b>17</b>                      Shepards Pie/w Mashed                      Potato Topping                      Spinach                      Salad/Roll                      Fruit</p>	<p><b>18</b>                      Orange Chicken                      Vegetable                      Rice                      Salad/Roll                      Fruit</p>	<p><b>19</b>                      Black Forest Ham                      Vegetable                      Sweet Potato                      Salad/Roll                      Fruit</p>	<p><b>20</b>                      Fish Veracruz                      Vegetable                      Farro                      Salad/Roll                      Fruit</p>	
<p><b>23</b>                      Vegetable Lasagna                      Vegetable                      Salad/Garlic Bread                      Fruit</p>	<p><b>24</b>                      Roasted Chicken                      Vegetable                      Baked Potato Fries                      Salad/Roll                      Fruit</p>	<p><b>25</b> <b>CLOSED</b></p>	<p><b>26</b>                      Chicken Noodle Soup                      Vegetable                      Cheese Quesadilla                      Salad/Roll                      Fruit</p>	<p><b>27</b> <b>NEW YEARS EVE CELEBRATION</b>                      BBQ Ribs                      Baked Potato                      Vegetable                      Salad/Roll                      Dessert</p>	
<p><b>30</b>                      Polish Sausage                      Sauerkraut                      Vegetable                      Scalloped Potatoes                      Salad/Roll/Fruit</p>	<p><b>31</b>                      Crunchy Beef Taco                      Vegetable                      Rice                      Salad/Roll                      Fruit</p>	<p>Meals are available for a \$5.00 charge per person for those aged 50 and above, and a \$12.00 charge for those under 50. Service is on a first come, first served basis. Menu is subject to change without notice.</p>			<p><b>Fallbrook Regional HEALTH DISTRICT</b></p> <p><b>LEGACY ENDOWMENT</b>                      Your pathway to community giving</p>

